Cold Starters

and at the state

HUMMUS Vg	6.5
Pured chick peas, tahini, garlic, olive oil, lemon juice blended.	
CACIKV	6.5
Creamy yoghurt, cucumber, garlic, fresh dill, dry mint & olive oil.	
SAKSUKA Vg Peppers, potato and aubergine, courgette fried in olive oil and served with special tomato and garlic sauce.	6.9
EZME V Finely chopped salad with a hint of spice.	6.5
RUSSIAN SALAD V Boiled potato, egg, peas, carrot, gherkin mix in mayonnaise.	6.5
STAFFED WINE LEAVES Vg Vine leaves filled with seasoned rice flavoured with dill & mint.	7.5
BABA GANOUSH Vg Eggplant cooked on open flame finely chopped, seasoned with olive oil, lemon juice and tahini.	6.5
MIXED OLIVES Vg	5.9
Hot Starters	

TOMATO SOUP V Served with pita bread.	6.0
LENTIL SOUP ∨ Served with pita bread.	6.0
FALAFEL Vg Broad beans, chickpeas, vegetables, sesame and garlic, all crushed and deep fried served with hummus.	7.5
SIGARA BOREK V Deep fried filo pastry filled with feta cheese and home mixed spic	8.0
SQUID RINGS Hand cut squid rings with tartare sauce.	8.0
GRILLED HALLOUMI V Cyprus Halloumi cheese served with garnish.	7.0
GRILLED SPICY SAUSAGE & HUMMUS	8.0
MANTAR SOTE V Mushrooms, onion & garlic in a creamy white vine sauce dressed with mozzarella cheese.	7.5



Desserts

COFFEE AND WALNUT CAKE Layers of coffee cake filled with cream & topped with walnuts.	6.0
LUXURY BAKED CHEESECAKE Served with melted chocolate.	6.0
ROCKY HORROR Warm chocolate fudge cake topped with vanilla ice cream, whipped cream & sprinkled with chocolate pieces.	7.0
CHOCOLATE FUDGE CAKE Layers of warm chocolate cake with ice cream.	6.5
CHOC NUT FLAKE Cornish vanilla ice cream, chocolate sauce, whipped cream, sprinkled nuts & choc flake.	6.5
SUNDAE BEST Cornish vanilla ice cream drizzled with your choice of strawberry, chocolate, caramel sauce.	5.5

V vegetarian | Vg vegan

FOOD ALLERGY NOTICE

**If you have any allergic or special dietary requirements, please inform a member of our staff.

Mains

TITCHING	
CHICKEN FLORENTINE Grilled chicken breast in creamy mushroom, spinach & white wine sauce served with mash.	19.5
LEMON & HERB CHICKEN Chicken breast marinated in lemon and herb sauce served with mash potato.	19.5
CHICKEN CHOPS Mediterranean BBQ style seasoned chargrilled tender chicken chops served with salad, rice or bulgur.	17.9
CHICKEN SHISH Marinated pieces of lean chicken chargrilled & served with salad, rice or bulgur.	18.9
CHICKEN WINGS Mediterranean style marinated chicken wings grilled over charcoal. Served with salad, rice or bulgur.	17.9
MEAT MOUSSAKA Oven baked minced lamb with carrot, aubergine, potato and courgette in a bechamel sauce topped with mozzarella cheese served with rice.	17.9
VEGGIE MOUSSAKA V Oven baked sliced aubergine, potato, courgette, homemade béchamel sauce, mozzarella cheese served with rice.	16.9
FALAFEL Vg Homemade falafel served with humus and salad.	16.5
CHICKEN NUGGETS Served with chips and salad.	14.9
SALMON Chargrilled Salmon, served with salad & mash or saute potato.	19.9
SALMON FLORENTINE Grilled salmon in creamy mushroom, spinach & white wine sauce served with mash or saute potato.	22.9
SEA BASS FILLET Chargrilled Sea bass fillet, served with salad & mash or saute potat	19.9 o.
SQUID RINGS Hand cut squid rings served with saute potatoes, salad.	17.9
LAMB SHANK Large succulent piece of lamb slow cooked in the oven served with mash.	23.0
SIRLOIN STEAK 10oz Served with chips & mushrooms.	25.9
+ADD Homemade Peppercorn Sauce	2.9



KidsMeals

SUPER COW Juicy Beef Burger and Chips	
MAGIC NUGGETS Crispy Nugget Pieces, Chips & Beans	6.9
CAPTAIN'S FINGER Fillet Fish Fingers, Chips & Beans	6.9
THE ROBOT Super Sausage, Beans & Chips	6.9
FRUIT SHOOT	2.0

01303 232775 63 Sangate Road, Folkstone, CT20 1RY



Rroal/facto

No. 12 Martin

Breakfasts	
All our sausages are locally produced *Only one item can be change per breakfast	
LATE BREAKFAST Egg, 2 bacon, Cumberland sausage, Portobello mushroom, beans, grilled vine tomatoes & fried bread.	12.5
BRUNCH 2 Egg, 2 bacon, Cumberland sausage, chips & beans.	12.0
FULL ENGLISH Fried egg, 2 bacon, Cumberland sausage, 2 hash browns, beans, Portobello mushrooms & grilled tomato.	13.5
SUNSHINE'S SIGNATURE BREAKFAST Mediterranean style mashed potato, 2 bacon, 2 poached eggs, Cumberland sausage, grilled capia peppers & cherry tomato.	14.0
CANADIAN BREAKFAST Freshly cooked pancakes, 2 bacon, scrambled egg, sliced pineapp & Canadian maple syrup.	13.0 lle,
NEWYORK BRUNCH Fried egg, bacon, Cumberland sausage hash brown, Portabello mushroom, beans, freshly cooked American pancakes, fresh fruits, Canadian maple syrup.	16.9
TURKISH BREAKFAST Turkish style fried egg cooked with sucuk (Turkish sausage) served with sigara borek, olives, Turkish feta cheese, halloumi, honey and clotted cream dip to finish with simit (Turkish bagel).	16.0
EGYPTIAN BREAKFAST V Hummus, falafel, mixed olives, pitta bread, fried eggs served in pa grilled capia peppers and babaganush.	16.0 n,
MENEMEN V Traditional Kurdish breakfast includes eggs, peppers, cooked in herby tomato sauce served with baguette.	12.0
MENEMEN WITH MOZZARELLA V	13.0
MENEMEN WITH SPICY SAUSAGE (SUCUK) V	13.5



Vegetarian & Vegan Breakfast

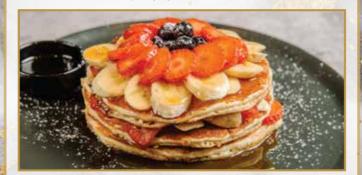
VEGAN BREAKFAST Vg Crushed avocado, vegan sausage, portobelle hashbrowns, grilled vine tomato, beans.	o mushroom,
VEGAN BREAKFAST 2 Vg Mash potato, vegan sausage, mushrooms, ca cherry tomatoes, brocoli.	12. Ipia peppers,
VEGGIE BREAKFAST V Scrambled egg, vegan sausage, Portobello r grilled tomato, hash brown and beans.	nushroom, 12.
VEGGIE BREAKFAST 2 V Scrambled egg, grilled halloumi, grilled capi portabello mushrooms, roasted saute potato	
MEDITERRANEAN VEGGIE BREAKF, Mediterranean style mash potato, spinach, so halloumi and capia peppers.	

Benedicts

EGGS BENEDICT English breakfast muffin, honey roasted ham, poached eggs, hollandaise sauce & avocado garnish.	11.0
EGGS FLORENTINE V English breakfast muffin, bed of spinach, poached eggs, hollandaise sauce & avocado garnish.	11.0
EGGS ROYALE English breakfast muffin, smoked salmon, poached eggs, hollandaise sauce & avocado garnish.	12.5
SUNSHINE BENEDICT Hand cut eggied french toast, bacon, poached eggs, hollandaise sauce & avocado garnish.	12.5
Danaska & Enanch Toos	-

Pancake & French Toast

MORNING GLORY V Homemade pancake layers topped with banana and mixed berrie served with Canadian maple syrup or honey.	11.5
SUNSHINE DREAM V Homemade pancake layers topped with banana and mixed berrie Madagascan ice cream and Nutella.	13.0
BERRYLICIOUS PANCAKE V Home made layers of pancakes, fried banana, cinnamon, berry compote, salted caramel, clotted cream	14.0
BERRYLICIOUS FRENCH TOAST V Hand cut eggy loaf fried banana, home made berry compote, salted caramel, cinnamon and clotted cream.	14.5
BISCOFF FRENCH TOAST V Hand cut eggy loaf, mixed berries, fried banana, cinnamon, topp with biscoff sauce and ice cream, nutella.	14.5 ed
FRENCH TOAST (CLASSIC) Hand cut eggy loaf pan fried served with bacon, pecan, fried banana and Canadian maple syrup.	13.0



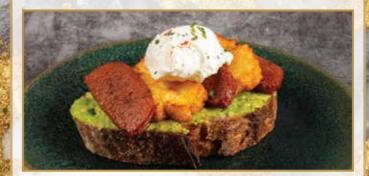
Omelettes

Served with chips	s or saute potat	oes and avocado gar	nish
MOZZARELLA CHE	ESE OMELET	TE V	12.5
MOZZARELLA CHE	ESE WITH SP	RING ONION V	13.0
MOZZARELLA CHE	ESE & HONE	ROASTED HAM	13.0
MOZZARELLA CHE	ESE & DUTCH	BACON	14.0
SPICY SAUSAGE (S	UCUK) & MOZ	ZARELLA CHEESE	14.0
SPINACH, MUSHR & SPRING ONION		ARELLA CHEESE	14.0
MEDITERRANEAN OMELETTE V Feta Cheese, Capia Peppers, Spring Onion		14.0	
ADD COLESLAW	+2.5	ADD SALAD	+3.9



On Sourdough Toast

You can swap your sourdough toast with brown or white	toast
SCRAMBLED EGGS V	9.5
BACON, POACHED EGG & AVOCADO	11.0
HALLOUMI, TURKISH SPICY SAUSAGE, POACHED EGG & AVOCADO	13.5
GRILLED CHICKEN, AVOCADO & GRILLED CAPIA PEPPERS	13.5
SMOKED SALMON, CREAM CHEESE & POACHED EGO	³ 13.5
VEGAN AVO Vg Avocado, roasted pepper, portebello mushroom on sourdough	11.0



Toasties

Your choice of brown or white bread	
HEESE TOASTIE V	7.5
HEESE & TOMATO V	8.5
AM & CHEESE	9.0
HEESE & ONION V	8.5
UNA & SWEETCORN MELT	10
URKISH SPICY SAUSAGE (sucuk) & MOZZARELLA HEESE IN BRIOCHE BUN	10
HEESE IN BRIOCHE BUN	

ADD GOURMET CHIPS 3.50 SPICY GOURMET CHIPS 3.80

Sourdough Panini

Served with salad	
HONEY ROASTED HAM & CHEESE	9.5
TUNA & SWEETCORN MELT	10.5
TURKISH SPICY BEEF SAUSAGE (sucuk) & CHEESE	11.0
CHICKEN ROASTED PEPPER , PESTO & MOZZARELLA	11.0
ADD GOURMET CHIPS 3.50 SPICY GOURMET CHIPS	3.80

Sandwiches & Baguettes The choice of either freshly baked french baguette or sliced sandwich bread along with your chosen filling

			-	
BACON		6.9	÷.,	7.9
SAUSAGE		7.5		8.5
BACON & EGG	· ()	7.9	Ш	8.9
BACON & SAUSAGE	. <u> </u>	8.5	È	9.5
BACON, SAUSAGE & EGG	$ \geq$	9.5	ш	10.5
BLT	0	7.9	\supset	8.9
TUNA, SWEETCORN & MAYO	-	8.5	0	9.5
HONEY ROAST HAM & CHEESE		8.5	4	9.5
CHICKEN, PEPPER, PESTO & CHEESE	S	10.9	В	11.9
TURKISH SPICY SAUSAGE & CHEESE		9.9		10.5
ADD GOURMET CHIPS 3.50 BA		1		2.00
SPICY GOURMET CHIPS 3.80 CH	IEESI	•		1.50
	SAUSAGE BACON & EGG BACON & SAUSAGE BACON, SAUSAGE & EGG BLT TUNA, SWEETCORN & MAYO HONEY ROAST HAM & CHEESE CHICKEN, PEPPER, PESTO & CHEESE TURKISH SPICY SAUSAGE & CHEESE ADD GOURMET CHIPS 3.50 BA	SAUSAGE HOMONUS BACON & EGG BACON & SAUSAGE BACON, SAUSAGE & EGG BLT TUNA, SWEETCORN & MAYO HONEY ROAST HAM & CHEESE CHICKEN, PEPPER, PESTO & CHEESE TURKISH SPICY SAUSAGE & CHEESE ADD GOURMET CHIPS 3.50 BACON	SAUSAGEHOBACON & EGG7.5BACON & SAUSAGE8.5BACON, SAUSAGE & EGG9.5BLT7.9TUNA, SWEETCORN & MAYO8.5HONEY ROAST HAM & CHEESE8.5CHICKEN, PEPPER, PESTO & CHEESE10.9TURKISH SPICY SAUSAGE & CHEESE9.9ADD GOURMET CHIPS3.50BACON	SAUSAGE BACON & EGG BACON & SAUSAGE BACON, SAUSAGE & EGG BLT TUNA, SWEETCORN & MAYO HONEY ROAST HAM & CHEESE CHICKEN, PEPPER, PESTO & CHEESE TURKISH SPICY SAUSAGE & CHEESEI TUNA SUBACONI TUNA SUBACONADD GOURMET CHIPS3.50BACON

Gourmet Burgers 100% Angus Beef Burger All served with coleslaw & gourmet chips.	
BEEF BURGER & CHEESE Soz Angus beef burger, cheese, caramelised onion chutney onion rings, tomato, onion, lettuce.	15.9
CHICKEN FILLET BURGER Grilled chicken fillet, cheese, onion rings, tomato, onion, lettuce.	15.9
HALLOUIMI BURGER V Grilled halloumi, tomato, hummus, lettuce, roasted red peppers.	15.9
BIG BEN BURGER 2 x 6oz Angus beef burgers (12oz), 2 slices cheese, onion rings, romato, onion, lettuce, caramelised onion chutney.	19.9
ADD BACON	1.5



Served with gourmet chips.	
HALLOUMI WRAP V Grilled halloumi with mixed vegetables & garlic sauce	14.9
wrapped in tortilla bread.	
CHICKEN WRAP	14.9
Marinated grilled chicken, with mixed vegetables and garlic sauce wrapped in tortilla bread.	
FALAFEL WRAP V	14.9
Homemade falafel, hummus & grilled capia peppers wrapped in tortilla bread.	
BREAKFAST WRAP	15.9
Grilled halloumi, spicy sausage (sucuk) & scrambled eggs wrapped in tortilla bread.	

Jacket Potato

BEANS & CHEESE V Served with salad	11.5
HONEY ROASTED HAM & CHEESE Served with salad	12.5
BACON & CHEESE Served with salad	12.9
TUNA, SWEETCORN & MAYO Served with salad	14.0
ADD COLESI AW	+2.5



Salads

SIDE SALAD V	7.5
GREEK SALAD V	9.5
GRILLED CHICKEN SALAD	11.9
TUNA, SWEETCORN & MAYO SALAD	11.9
HALLOUMI SALAD V	11.9
GRILLED SALMON SALAD	13.9